



Rugby EcoHub

Rugby Eco Hub Newsletter 6th February 2025

Dear Eco Hub friends and followers,

We've had a busy couple of weeks including securing some more room bookings, purchasing some additional items for the Library of Things and beginning to review our volunteer opportunities.

This month's edition

In this month's edition, you can find information about:

- Eco Anxiety Support Group
- Climate Fresk Workshop
- Exciting news about the Repair Cafe
- Recent additions to the Library of Things catalogue
- Reminder about our feedback survey
- Update on volunteering
- Upcoming events at Rugby Eco Hub
- Other relevant events

News and updates

Eco Anxiety Support Group, Tonight at 7 - 8:30pm



Don't forget tonight is the first meeting of the Eco Anxiety Support Group at 7 - 8:30pm at Rugby Eco Hub. This will be a safe space for people to discuss their worries, fears, and concerns about climate change and share support strategies.

Climate Fresk workshop - Saturday 8th February, 11am - 2:30pm



This Saturday, Raymond Navro will deliver the next Climate Fresk workshop. Played by over 1.5 million people worldwide, this 3 hour playful & collaborative workshop will teach you the fundamental science behind climate change and

empower you to take action. The workshop comes highly recommended by Rugby Eco Hub's Chair, Alex Becker. To book your place, [click here](#). Free to attend!

Repair Cafe's exciting news!



Given the success of the Repair Cafe over the past few months, the decision has been made to increase the frequency of the Repair Cafe to **twice a month** from March 2025! It will now meet on the **1st and 3rd Saturday** of every month, between 10am and 1pm. This is testament to the commitment and great work of our volunteers who we would like to sincerely thank for all that they do.

Don't miss the next Repair Cafe on **Saturday 15th February, 10am - 1pm**.

New items added to the Library of Things



This week, Becca from the operations team has been busy purchasing some new items to add to the Library of Things catalogue including: a new steamer, a multi-adjustable ladder and a wood-working router. Another reason to [register](#) if you haven't done so already!

Don't miss our Seed Swap event!



Transition Town Rugby are hosting a Seed Swap on Saturday 15th February, 10am - 12noon. It's a chance for you to bring any unused, half-used or surplus seeds and swap them for something you have maybe run out of or for something completely new! It's a great way of saving money, reducing waste and meeting other like-minded people. You may even get the chance to learn a few new gardening tips!

Complete our Feedback Survey

Many thanks to everyone who has completed our feedback survey so far. If you haven't got round to this yet, there is still time to do so by clicking [here](#).

Closing date: Sunday 9th February.

Developing our volunteer offer

Volunteers are key to Rugby Eco Hub's success. That is why, in the next few weeks, the operations team will be making sure we have all the right policies, processes and procedures in place to support our volunteers to the best of our ability, and to ensure we have some clearly defined role descriptions. We will look forward to telling you more about this work very soon.

Upcoming events at Rugby Eco Hub

Eco Anxiety Support Group

Thursday 6th February, 7 - 8:30pm. No booking needed.

Climate Fresk Workshop,

Saturday 8th February, 11am - 2:30pm. Book [here](#).

Library of Things

Open every Saturday, 10am - 1pm

Thinking Thursday: What is a transition town?

Thursday 13th February, 7pm - 9:30pm, More information can be found [here](#)

Repair Cafe

Saturday 15th February, 10am - 1pm

Saturday 1st March, 10am - 1pm

Saturday 15th March, 10am - 1pm

Seed Swap

Saturday 15th February, 10am - 1pm

Plan your growing space workshop

Saturday 22nd February, 2 - 4pm



**Plan your growing space;
Free workshop**

Saturday 22nd February
Rugby Eco Hub
2-4pm (arrival from 1:45pm)

Free workshop on how to plan your growing space.
Get ready for your growing year with our interactive workshop.
Learn about crop rotation, seed sowing and much more.

Scan here to book your space:



Sewing Classes

The next set of sewing classes start on Tuesday 25th February from 7pm till 9pm or Wednesday 26th February from 1pm till 3pm. Find out more details [here](#).

Composting Workshop

Saturday 1st March, 10:30am - 12:30pm

More information to be provided in the next edition.

Other local events

Green Drinks

Friday 7th January, The Seven Stars, 40 Albert Square, Rugby, CV21 2SH, 7:30pm



In other news

Room Hire Available at the Eco Hub

We are keen for the Eco hub to be used by the community. You can rent the hall or side room for events or meetings. Find more information [here](#).

Volunteer opportunities

If you would like to be kept up to date with upcoming volunteer opportunities, please register your interest via our [volunteering form on the website](#).

Reminder of key dates over the next two weeks!

- **Thu 6th Feb:** Eco Anxiety Support Group, 7 - 8:30pm, Rugby Eco Hub
- **Fri 7th Feb:** Green Drinks, 7:30pm, The Seven Stars, Rugby
- **Sat 8th Feb:** Climate Fresk Workshop, 11am - 2:30pm, Rugby Eco Hub
- **Every Sat:** Library of Things, 10am - 1pm, Rugby Eco Hub
- **Thu 13th Feb:** Thinking Thursday, 7 - 9:30pm, Rugby Eco Hub
- **Sat 15th Feb:** Repair Cafe, 10am - 1pm, Rugby Eco Hub
- **Sat 15th Feb:** Seed Swap, 10am - 12noon, Rugby Eco Hub
- **Sat 22nd Feb:** Plan Your Growing Space, 2 - 4pm, Rugby Eco Hub

Keep an eye on our upcoming events via our [Events page](#).

If you would like to submit content to future editions of the newsletter please email info@rugbyecohub.org

Visit us at Rugby Eco Hub

Rugby Eco Hub, Claremont Centre, Bath Street, Rugby, Warwickshire CV21 3QE

[Unsubscribe](#) [Manage preferences](#)