



Rugby EcoHub

Rugby Eco Hub Newsletter January 2025

Dear Eco Hub friends and followers,

Happy New Year!

We hope you are all well and we hope you are as excited as we are about supporting the development of the Eco Hub's offer this year. 2025 has got off to a great start - we had a record number of people attending this month's Repair Cafe, a total of 14 items have been borrowed from the Library of Things to date, and room bookings are on the increase.

Feedback Survey

Having officially launched in October 2024, we are due to submit our first report to Rugby Borough Council to outline our progress to date. To support this, we would really appreciate it if you could [complete a short feedback survey](#) based on your experience of Rugby Eco Hub to date. The survey should take no more than 10 minutes and will be available to complete Thursday until 6th February.

This month's edition

In this month's edition of the newsletter, you can find out about:

- January's repair cafe
 - The first Climate Fresk workshop
 - Our new operational team - Becca and Becky
 - Friends of FreV Ktchn
 - Upcoming events at Rugby Eco Hub
 - Other relevant events
 - Other news
-

News and updates

Repair Cafe



This month saw the Repair Cafe's busiest month on record, with a total of 37 items registered for repair, 26 of which were successfully or partially repaired. We were so busy, we even had to turn people away. As a result, we are considering running a second monthly repair cafe so... watch this space!

Don't miss the next Repair Cafe on **Saturday 15th February**.

Climate Fresk workshop



On Saturday 11th January, Raymond Navro delivered the first Climate Fresk workshop. This is a free, 3 hour workshop that teaches the fundamental science behind climate change and empowers participants to take action. Alex Becker, Chair of the Rugby Eco Hub, was one of 3 attendees.

"Joining the Climate Fresk workshop was a fun, yet thought-provoking way to learn about the causes and consequences of climate change and nature loss, and we're so lucky to have Raymond running this for us. Highly recommend to beginners and experts alike - you will leave more knowledgeable, but also with some ideas for taking your own positive action!". Alex Becker, Chair.

The aim is for the Climate Fresk workshop to run on a monthly basis; the next event will be **Saturday 8th February**. To book onto the workshop [click here](#).

Meet the Operational Team: Becca and Becky



We would like to officially welcome Becca and Becky to Rugby Eco Hub. Becca and Becky have been contracted 7 hours a week (each) to help ensure the smooth running of the Eco Hub, from managing room bookings and website content, to undertaking community outreach events and supporting volunteers. Please feel free to reach out to them and share any ideas you may have about Rugby Eco Hub's offer. And before you ask, being named Rebecca was not a prerequisite for the role!

Friends of FreV Ktchn

We are pleased to say that Help the Homeless Rugby is now meeting at Rugby Eco Hub to deliver its vegan food kitchen on Saturday's. For more information, visit the group's [facebook page](#).

Upcoming events taking place at Rugby Eco Hub

Eco Anxiety Support Group

Thursday 6th February, 7 - 8:30pm



In this Eco-Anxiety Support Group, we hope to offer a safe space for people to discuss their worries, fears, and concerns about climate change and share support strategies. Meetings will take place monthly and are open to anyone who feels they would benefit. During this first session, the format is likely to include:

- A short meditation
- Brief introductions
- A sharing circle for anyone who wishes to talk openly
- An art activity
- Discussion on the format of future sessions

Climate Fresk Workshop,

Saturday 8th February, 11am - 2:30pm, (Doors open at 10:45am)

Played by over 1.5 million people worldwide, this playful & collaborative workshop will teach you the fundamental science behind climate change and empower you to take action. To book a place, please register by clicking on the [Eventbrite link](#).

Thinking Thursday

Thursday 13th February, 7pm - 9:30pm

Transition Town will present an evening based on the Transition Town movement.

Repair Cafe

Saturday 15th February, 10am - 12noon

Seed Swap

Saturday 15th February, 10am - 12noon



Seed swap

You are welcome to bring home-saved and commercial seeds, organic and non-organic, flowers, vegetables, anything, even 1/2 used packets. If you don't have anything to swap, we can accept a suggested donation of around 75 pence per packet.



TRANSITION
TOWN
RUGBY

Saturday 15th February
10am - 12pm
Eco Hub, Claremont Centre, Betts Hall,
43 Clifton Road, Rugby CV21 3QE
(entrance on Bath Street)



<https://www.transitiontownrugby.org/initiatives/seed-swap-2025>

Plan your growing space workshop

Saturday 22nd February, 2 - 4pm

**Plan your growing space;
Free workshop**

Saturday 22nd February
Rugby Eco Hub
2-4pm (arrival from 1:45pm)

Free workshop on how to plan your growing space.
Get ready for your growing year with our interactive workshop.
Learn about crop rotation, seed sowing and much more.

Scan here to book your space:





Sewing Classes

New courses starting from 25th February

If you always wanted to make your own clothes but didn't know where to start, this course might be for you. The next set of classes start on Tuesday 25th February from 7pm till 9pm or Wednesday 26th February from 1pm till 3pm. Find out more details [here](#).

Dressmaking Classes

- Suitable for beginners and improvers.
- Free sewing pattern each term
- Structured to help you fine tune your sewing skills.
- Sewing machines available to use, no need to bring your own.
- Maximum of 6 attendees.

www.lous-sewing-studio.co.uk

Where?

Classes are held at The Rugby Eco Hub,
43 Clifton Road, Rugby, CV21 3QE
Car parking is accessed via Bath Street and
the venue is fully accessible.



www.lous-sewing-studio.co.uk

Other local events

RSPB Big Garden Birdwatch

Saturday 25th January, St Andrew's Church, Rugby, 10am

Green Christian members invite you to join them in St Andrew's Church cafe space in Rugby at 10am Saturday 25th January to have a hot drink and cake together before going out in groups to count birds for 1 hour in local green spaces. They will return to the cafe to share results and have more hot drinks and cake.

In other news

Room Hire Available at the Eco Hub

We are keen for the Eco hub to be used by the community. You can rent the hall or side room for events or meetings. Find more information [here](#).

Volunteer opportunities

If you would like to be kept up to date with upcoming volunteer opportunities, please register your interest via our [volunteering form on the website](#).

Reminder of key dates!

- **Sat 25th Jan:** RSPB Big Garden Birdwatch, 10am, St Andrew's Church
- **Thu 6th Feb:** Eco Anxiety Support Group, 7 - 8:30pm, Rugby Eco Hub
- **Sat 8th Feb:** Climate Fresk Workshop, 11am - 2:30pm, Rugby Eco Hub
- **Sat 15th Feb:** Repair Cafe, 10am - 12noon, Rugby Eco Hub
- **Thu 13th Feb:** Thinking Thursday, 7 - 9:30pm, Rugby Eco Hub
- **Sat 15th Feb:** Seed Swap, 10am - 12noon, Rugby Eco Hub
- **Sat 22nd Feb:** Plan Your Growing Space, 2 - 4pm, Rugby Eco Hub

Keep an eye on our upcoming events via our [Events page](#).

If you would like to submit content to future editions of the newsletter please email info@rugbyecohub.org

Visit us at Rugby Eco Hub

Rugby Eco Hub, Claremont Centre, Bath Street, Rugby, Warwickshire CV21 3QE

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